



# WELCOME HOME

**SERVING OUR COMMUNITY SINCE 1977** 

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# About CCMCF

At Calhoun County Medical Care Facility (CCMCF), our goal is to provide purposeful living solutions to persons who need assistance. The need may be long-term medical care, short-term rehabilitation, or adult day care services. Whatever the need, we can help!



We Provide 24-hour professional Skilled Nursing services to our residents. Our RN and LPN Charge Nurses, Clinical Nurse Managers, Certified Nursing Assistants, and on-site Nurse Practitioner provide outstanding medical care to our residents, in conjunction with our Medical Director. CCMCF's Social Services team serves as a liaison between various community agencies and specializes in family dynamics, problem resolutions, and offers emotional support to residents and families during their stay at CCMCF. Along with our clinical and social services team, Calhoun County Medical Care Facility provides all of our residents with nutritionally balanced meals that are individualized according to each resident's needs and are monitored by our Registered Dietitian. Meals are served in the dining room. In addition to a set menu each day, residents may choose from the "Always Available" menu items at each meal

# Visiting Residents

Calhoun County Medical Care Facility (CCMCF) asks all visitors to sign in/out at the kiosk next to the Reception desk. During times of higher community illness, we may ask you to wear a mask in resident areas of the building.

We ask that family and friends do not visit if they are feeling ill or have recently been ill. We can assist you with virtual visit if desired. While we have no limitations on visiting hours, we do ask that residents be considerate of their roommate (if applicable) when accepting visitors. There are numerous areas throughout the building that may be used for visiting in addition to resident rooms if desired. If you need help finding somewhere, please ask any staff member for assistance.



Maps of the facility are available on page 17.

Before 9:00 A.M. and after 7:00 P.M., visitors must ring the bell located inside the first automatic door to the left for entry. A staff member will respond and let you in the building.

## Business Office

Billing department hours are Monday-Friday 8:00 A.M. to 4:00 P.M. Our Billing Specialist can assist families and residents with a variety of billing questions, including assistance with Medicaid applications. If you need assistance with a Medicaid application, we do ask that you schedule an appointment with our Billing Specialist, so adequate time can be planned to review, and you can gather the necessary documentation that may be needed. Bills are sent out within the first two weeks of the new month, with payments being due by the 15th of each month. We encourage residents to utilize our Trust Fund option to ensure all spending money is kept safe.



We do not encourage residents to keep large amounts of money in their rooms, as the facility is not responsible for lost or stolen valuables. Funds can be accessed at the Reception window during staffed hours. The front desk is staffed 7 days a week, including Holidays. Hours are Monday-Friday 8:00 A.M. to 7:00 P.M. and weekend and Holiday hours are 9:00 A.M. to 7:00 P.M.

# Nursing

At Calhoun County Medical Care Facility (CCMCF), our Medical and Nursing staff highly skilled are and focused on making sure our residents receive the highest quality of care. We take pride in having an full-time on-site Nurse Practitioner who closely with works our Visiting Medical Director.



Together, they can evaluate our residents from the comfort of their rooms. Each resident will have an individualized care plan and treatment as part of our focus on resident-centered care.

Our Nursing staff also includes a number of dedicated Charge Nurses (LPN's and RN's) as well as Certified Nursing Assistants (CNA's) that provide the majority of hands-on care to our residents each day. Nurses and CNAs are on duty 24 hours a day, 7 days a week to ensure all resident needs are met.

# Social Services

Our Social Services team helps facilitate and promote resident-centered care. They are trained in dementia care and a variety of behavioral situations. Social Services is actively involved in our residents' daily lives and provides a diverse range of services such as: emotional support, mental health evaluations, individualized social services care plans, leading educational support groups for residents and their families, basic legal and financial guidance, resident grievance concerns, discharge plans and much more.



## Therapy Services

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Our Therapy team is available Monday-Friday (with occasional weekend hours as necessary) to help provide our residents with the highest quality rehabilitation programs, customized specifically for each resident. The Therapy Department offers services including Occupational, Speech, and Physical Therapy.

CCMCF's therapy goals are to help our residents with activities of daily living (sleeping, eating, grooming, dressing, and toileting), mobilization, and helping with cognitive functions.



## Additional Medical Services

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Calhoun County Medical Care Facility offers several other Physician and testing services on-site, including:

#### **Podiatry Services:**

Thorough foot checks for bunions, calluses, broken skin, in-grown toenails, and more. The Podiatrist also provides cortisone injections if needed.

#### **Dental Services:**

Conduct x-rays. impressions, routine cleanings, fillings, extractions, realignments and more. The Dental Service Team will also fit for dentures.

#### Audiology Services:

Three Month hearing checks, earwax removal, and hearing tests.

#### **Optometry Services:**

Vision exams, glaucoma and cataract checks, glasses repair and more.

#### Lab Draws:

Lab draws are completed by our licensed nursing staff from the comfort of residents rooms.

## Additional Medical Services

#### X- Ray Services:

We can schedule mobile x-Ray services (when ordered by a Physician or our Nurse Practitioner) for any concerns that do not require emergency care. Residents would still need to go to the hospital or other appropriate facility for some x-Ray needs, as well as CTs, MRIs and similar high- imaging services.

#### **Psychiatry Visits:**

We have visiting Psychiatrists that will provide tele-health (if appropriate and permitted), or in-person Psychiatry services for residents without the need to leave the facility. Residents are also welcome to go to an outside Psychiatrist or other specialist if desired.

# Life Enrichment

socialization, resident council and more.

Our Life Enrichment Department provides a wide variety of daily activities such as sensory stimulation, music therapy, bingo, pet therapy, entertainment (including live musicians), religious services, games, community outings,

Our activity programs are held on each neighborhood and in the Whispering Pines Community Center throughout the week. Residents can enjoy books, movies, games, and other activities any time of day, and many items are available on each neighborhood for residents and family use. Our residents can enjoy a wide selections of popular TV channels. Listings may be found in each resident room.



The Whispering Pines Community Center and several small conference rooms are available by reservation. If you're interested in reserving a room for a gathering with family and friends, please see a staff member in the Life Enrichment Department for more details. The Whispering Pines Community Center is open 7 days a week from 9:00 A.M.- 7:00 P.M.

# Dining Services

Calhoun County Medical Care Facility takes pride in serving delicious well-balanced meals for our residents.

Residents begin their day with breakfast made-to-order on each neighborhood from 7:00 A.M. to 9:00 A.M.



Lunch is available between 12:00 P.M. to 1:00 P.M., and dinner is available between 5:30 P.M. to 6:30 P.M.

A wide variety of items are available each day. Our lunch and dinner meals alternate between a hot entrée with vegetables or a soup and sandwich style meal, as well as other "Always Available" menu items. We have a large selection of desserts available daily. Residents have their choice of: tea, hot cocoa, coffee, water, milk and several juices during all meals.

Resident spouses are welcome to join their loved one for a meal free of charge once per week. Additional meals, including for friends and family can be purchased for \$8.00 per meal. Meal tickets are available at the front desk 7 days a week.

## Pines Café

The Pines Café offers a variety of goodies including; ice cream, fresh-made salads, chips, candy, soda, water, and juices along with daily and seasonal specials throughout each week.

There's often something new on the menu, so be sure to stop in and check it out!



The café is open from 8:00 A.M. to 1:30 P.M., Monday through Friday. Residents are able to access money from their Trust Fund at the café for purchases. Cash is also accepted.

# Beauty Shop

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The Beauty Shop is open from 7:30 A.M. to 3:30 P.M., Monday - Friday. We offer various services including perms, colors and cuts. Prices start at \$15.00 for haircuts and \$40.00 for perms. Residents are welcomed and encouraged to get their hair set and styled on their bath day at no additional charge. We also offer manicures free of charge.

For appointments, please contact the Beauty Shop or the Life Enrichment Director. You can also make outside arrangements with your own licensed hair stylist or barber. Licensed individuals are welcome to use the Beauty Shop with prior arrangements made with the Cosmetologist and Life Enrichment Director.



# Personal Belongings

Residents' laundry is done on-site at the facility at no additional charge. You also have the option of having your family do your laundry, if you prefer. Please let Social Services know if your family will do your laundry so that it can be communicated to staff.



We do not recommend that you put items that require hand washing in the facility's laundry, as they may get damaged.

We suggest residents bring 7-10 pairs of pants, shirts, and socks. CCMCF also recommends 3-4 pairs of pajamas or nightgowns. All clothing needs to be labeled with the residents' name, but our laundry department can assist with this. To have your clothes labeled by the facility, please write the resident's name on a piece of paper inside a bag and leave at the Reception desk or give it to a staff member to give to the laundry department. To allow for adequate space in your closet, we suggest seasonal clothing be taken home by a family member for storage. We also do not recommend jewelry of great value worn as CCMFC is NOT RESPONSIBLE for lost, damaged, or stolen items.

# Safety

Due to State and Federal Regulations, below are safety issues we would like you to know about:

- Cork bulletin boards are not permitted in the facility. All wall decorations that are not fire-rated and exceed more than 10% of the wall are also not permitted.
- No objects may be hung from the ceiling, next to or from sprinkler hears.
- Our residents are welcome and encouraged to bring their personal furniture, such as their favorite recline or dresser. However, safety is always a concern and it must not cause a fall hazard in the room or infringe on any roommate's space.
- Television sets are welcome, but an appropriate stand must be provided to support the weight of the TV, as they cannot be hung from any walls in the building.



- For assistance in hanging photos and other small items on walls, please ask the maintenance team for assistance.
- All appliances must be inspected by our Maintenance Department prior to use.
   We DO NOT permit extension cords, power strips, or other cords with multiple plugins.
- Power cords must be fully in view and not affixed in any way that might puncture the insulations (pins, staples, etc.), nor should anything be hung from electrical conduits.
- Heating appliances such as curling irons, heating pads, and space heaters, and halogen lamps are NOT permitted.

# Outside Appointments

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Residents are welcome to go out of the building as desired, for appointments and family outings. Please make sure to let the resident's charge nurse know that your are leaving ahead of time so that they may prepare medications for the time you are gone.

Families should assist residents to sign "out" at the kiosk at the front desk prior to leaving and then signing the resident "in" when they return. Overnight trips are also allowed, but NOT while on Medicare Part A for skilled therapy. Please speak with the Billing or Social Services Department for more information on overnight leave of absences.



#### Phones & WIFI Internet

We have portable phones available for resident use. Please ask the neighborhood Charge Nurse or the staff at the desk if you need help making a call.



We also have a limited number of landline capabilities in resident rooms that can be utilized as they are available. In this case, residents would be required to provide their own phone, and phone numbers CAN NOT be ported from another carrier at your own expense. Personal cell phones are also permitted in resident rooms. Please check with Social Services or Maintenance if you have phone questions.

We have free wireless internet services for CCMCF guests, please contact the front desk if you need help connecting.

WIFI: CCMCF guest Password: KimballPines

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# **Meet The Team**

#### Administrative Team



Stephanie Cornish, LNHA Administrator Abuse Coordinator



Bill Sheldon, LNHA Director of Non-Clinical Operations & Corporate Compliance Officer



Misty Sedore Director of Finance



Eric Woodard Billing Assistant

# **Clinical/ Nursing**

#### Administrative Team



Younho Chung, MD Facility Medical Director



Emily Mitchell, NP Nurse Practitioner



Tiffany McFate, RN Director of Nursing, Grievance & Complaint Official

#### Nursing Management Team



Alex Mainstone, RN Quality & Case Management Coordinator



Will Simpson, RN Infection Control and Wound Management



Karen Bramen, RN Nurse Manager Blue Spruce Way & Willow Court



Erin Eldridge, RN Nurse Manager Red Oak Trail & Plum Ridge

#### Nursing Management Team



Jack Boehmer, LPN Nurse Manager Beechwood Hill & Maple Grove



Jodi Menzies, RN MDS Supervisor



Ryan Cupp, RN MDS Coordinator



Lori Hollenbaugh, MSN, RN Staff Educator

# **Social Services**

#### Admissions Team



Jenny Collins, LMSW Social Services Director



Amanda Cayo, LLBSW Social Worker



Michelle Poe Social Services Designee

# Life Enrichment



Elizabeth Raleigh Life Enrichment Director



Terri Chapman Volunteer Coordinator

#### Culinary Team



Molly Myers Dietitian



Ronda Masters Culinary Team Leader

#### Rehabilitation Team



Laurel Adams Occupational Therapist & Rehab Manager



Robin Marquez Physical Therapist



Suzy Posluszny Speech Therapist



Megan Roth Occupational Therapist

#### Rehabilitation Team



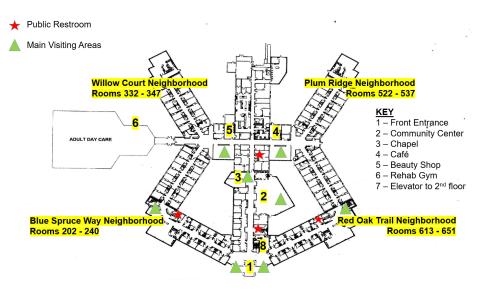
Christa Anthony Physical Therapy Assistant



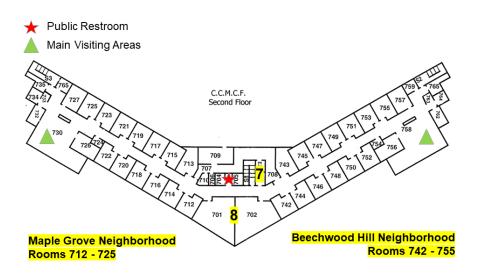
Shannon Smith Certified Occupational Therapist Assistant

Occasionally there may be additional therapy staff assisting with care that are not pictured.

#### **CCMCF** Facility Map First Floor



#### CCMCF Facility Map Second Floor



KEY 7 – Elevator to 1<sup>st</sup> floor

8 - Staff Learning Center

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# Contact Information

- (269) 962-5458
- 1150 East Michigan Avenue
  Battle Creek, MI 49014
- www.ccmcf.com





Calhoun County Medical Care Facility Marian E. Burch Adult Day Care